CLAIMS

1. An oral preventive or therapeutic agent for skin damage, containing diacylglyceryl ether as an active ingredient represented by the formula (I):

$$H_{2}C$$
— O — R^{1}
 $|$
 R^{2} — O — CH
 $|$
 $H_{2}C$ — O — R^{3}

wherein R^1 denotes C_{12-24} aliphatic hydrocarbon group having a degree of unsaturation of between 0 and 2; R^2 denotes C_{12-24} acyl group having a degree of unsaturation of between 0 and 6; and R^3 denotes C_{12-24} acyl group having a degree of unsaturation of between 0 and 6.

- 2. The oral preventive or therapeutic agent for skin damage of claim 1, wherein the skin damage is wrinkle formation and/or sagging formation, the formation of skin cancer, or the formation of pigmented spots and/or freckles.
- 3. The oral preventive or therapeutic agent for skin damage of claim 1, which is formulated so that the intake of the diacylglyceryl ether is between 10 mg and 5000 mg per day.
- 4. The oral preventive or therapeutic agent for skin damage of claim 1, which is used as processed food.